

|  |  |
| --- | --- |
| **NOTICE OF MEETING** | |
| **DATE:** | *Tuesday 28th June 2022* |
| **TIME:** | ***3.15 pm*** *for a 3:30 pm start. Concluding at 5:30 PM.* |
| **VENUE:** | *11th Space, Level 11, 580 Collins Street, Melbourne* |

|  |
| --- |
| **MEETING AGENDA** |
|  |
| * ***3.15 PM – REGISTRATION*** |
| * ***3.30 PM – WELCOME, INTRODUCTIONS & MEETING COMMENCEMENT*** |
| * ***3.35 PM – SPONSOR SPOTLIGHT*** |
| * ***3.40 PM - IDEA / PROBLEM SOLVING***   Members are encouraged to bring along any best practice ideas, successes, or questions you may wish to share or ask of the group at the meeting. Make use of the skills and resources we have available. |
| * ***3.45 PM – EMPLOYMENT LAW UPDATE***   Kingston Reid, Labour Employment Workplace Safety Law Team |
| * ***3.50 PM – PRESENTATION***   **Pete Jensen – Director Larsen Jensen PTY Ltd**  **Topic:** **How social wellbeing can be a catalyst for performance and mental health**  *“When a flower doesn't bloom, you fix the environment in which it grows, not the flower.”–* Alex den Heijer  Whilst most organisations have resources and programs in place to assist team members suffering from depression, stress and anxiety, evidence suggest that there is a growing cohort of employees experiencing a condition known as ‘languishing’- a term psychologists describe as a precursor to depression.  Creating an intentional environment of social wellbeing can be a catalyst for improving mental and physical wellbeing.  Pete Jensen will share anecdotes and case studies of organisations who have implemented successful social wellbeing initiatives and the commercial success that followed.  Pete’s presentation will cover:   * A framework for delivering ‘complete ‘ physical, mental, and social wellbeing * Three enabling principles of resilient wellbeing * How engaging in social wellbeing positively impacts the chemistry of the brain   *About the speaker*  Pete has extensive experience in the delivery of leadership development, culture transformation and psychological safety programs.  An accomplished consultant, facilitator, author and speaker, Pete is a valued resource for organisations such as The Executive Connection, the CEO Institute, Deakin Prime, as well as local and international clients. |
| |  | | --- | |  | |
| * ***4.30 PM – NETWORKING*** |
|  |
| |  | | --- | |  | |
| ***HRM@W WOULD LIKE TO THANK THE FOLLOWING SPONSORS AND SUPPORTERS OF THE GROUP WHO MAKE IT ALL POSSIBLE:***  ***KINGSTON REID –*** [*www.kingstonreid.com*](http://www.kingstonreid.com)  ***IMPACT EXECUTIVE SOLUTIONS –*** [*www.impactexecutive.com.au*](http://www.impactexecutive.com.au) | | |

***VICTORIAN CHAMBER OF COMMERCE & INDUSTRY –*** [*www.victorianchamber.com.au*](http://www.victorianchamber.com.au)

***SPECIALIZED –*** *www.specialized.com*

***SACS CONSULTING –***  [*www.sacsconsult.com,au*](http://www.sacsconsult.com,au)

***CENTRE FOR PEOPLE & CULTURE –***  [*www.cpandc.com,au*](http://www.cpandc.com,au)

***ALLTECH OUTSOURCED SOLUTIONS –*** [*www.alltechsolutions.com.au*](http://www.alltechsolutions.com.au)

***PREZZEE –*** [*www.preezzee.com.au*](http://www.preezzee.com.au)

